



Programme

2023•2024 Activities



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SCIENCE OF GROUP WORK

il Gruppo come un'entità vivente

The learning path in group focalisation, a founding pillar of the "Science of Groups", originates from the long experience accumulated in the Community in the field of group life and action.

International Focaliser School

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International Focaliser School

School: Open to all

Duration: 18 months, starting with a week in person from April 29th (4:30 pm) to May 5th (1:00 pm); then Online (during 18 months), then a conclusive week in person.

Conductors: Marina Bernardi, Michael Lindfield, Lorraine Flower, Silvia Pincioli

Language: English

Where: Community of Living Ethics / Online

The power of Groups

Any project, goal or objective seems more attainable if a group of people, seeing themselves existing within a larger interdependent system, wholeheartedly commit themselves to accomplish it.

Teams and groups committed to the common good are increasingly becoming an essential dimension of human expression and impact, whether in organisations, communities, nations or other groupings. We live in a challenging, uncertain, volatile yet powerful world, where individual skills and know-how are no longer sufficient to navigate toward solutions and access inherent possibilities. A world where the challenges of today can only be faced through groups using applied group wisdom and committed to the greater good.

Group work is part of the incoming new world.

Therefore knowing the Group as a living bio-psycho-spiritual Entity and learning how to give it birth is a main task for every true world server. The course is the result of more than thirty years long research and experience in Group work done by the Community of Living Ethics. It encapsulates the essential tools to become a

Group Focaliser. In an intense hands-on training, participants will learn:

- How to create a dynamically stable and impactful Group.
- How to lead it to the fulfilment of its task and
- How to enable every group member towards truly expressing their best qualities and potentialities.

This course is intended for who are interested in learning the laws of Group work from both a practical and spiritual perspective and geared towards effective manifestation.

The course is based on dynamic Psychology, on the personal and transpersonal Psychosynthesis, on the principles and models of Psychoenergetics and on the Star group model, designed by Enzo Savoini. No prior experience of Psychosynthesis is required.

Who are you

You feel there is more power and energy to be accessed and utilised for the greater good in Group work . You will be looking for a deeper understanding of the potential of groups and how to access that potential. You may be a member of a business, not for profit, NGO, a spiritual community or any other group.

Who we are

We are a group of researchers and practitioners, based in the Community of Living Ethics, Umbria, Italy, experiencing and living Group Work and Group Consciousness in our work, service and lives. We are inspired to raise awareness about the Science of Group Work and Group Consciousness in all fields of *human life. Our intention is to serve many groups.*

New Programme start date: April 29th 2024

The course covers three key themes each of which will be addressed throughout the 18-month programme.

The topics covered in each of the three themes are:

The Group and its process

The Structure of a Group

Group Mechanisms

The Model of the Focaliser

Phases of the Creation of a Group

The Group in the Psychoenergetic Perspective

The Group as a Field of Energies and Forces

The Energetic Circuits of the Human

Consciousness – Individual and Collective

Group Focalization, Magnetism and Irradiation

The Process of Transformation of Group Energies

Group Creativity

The Space and Time of the Group

The Creation of a Planetary Group

The Laws of Magnetism applied to the Group

Self- consciousness and the Consciousness of the Self in a Group

The Programme will commence with a 1 week in person intensive and be followed by online sessions over the subsequent 18 month period. It will culminate in a 1 week in person

Information and Resources

www.scienceofgroupwork.org - info@scienceofgroupwork.org

MEDITATION

As above so below

The study and practice of meditation allows to cultivate awareness and ever broader and deeper states of consciousness, to develop intuition and refine the ability to create through thought.

Creative Meditation Practice week - German language 9

Creative Meditation practice

Erfahrung der Kreativen Meditation

Sommerwoche: in Präsenz

Offen für alle

Duration: 7 days

mit Anette Hill und Markus Ruoff

Sprache: Deutsch

Ort: Comunità di Etica Vivente – Aula della Cultura

Die Welt scheint aus den Fugen geraten. Kriege rund um den Globus, eine neue Auseinandersetzung zwischen Ost und West, klimatische Veränderungen, die immer spürbarer werden, Menschen die aus unterschiedlichsten Gründen ihre Heimat verlassen müssen und in anderen Ländern Zuflucht suchen. Polaritäten, die sich im Zwischenmenschlichen und in Gesellschaften immer deutlicher zeigen.

Wie können wir in diesen komplexen und ungewissen Zeiten der Krise der Menschheit und des Planeten so stehen, dass dieses Geschehen nicht über uns hereinbricht, sondern wir zu wachen Beobachtern, zu Akteuren, zu aktiven Mitgestaltern werden? Wir stehen an einem Punkt, an dem ein grundsätzlicher Wandel notwendig ist. Wir sind aufgefordert zu Handeln. Es gibt jedoch nicht nur konkrete Handlungen, die Wirkungen in der physischen Welt hervorrufen. Es gibt auch eine inhärente, unsichtbare, aber ebenso reale Aktion, die konkrete Wirkungen erzeugt. Das ist Kreative Meditation. Sie hilft uns dorthin zu gelangen, wo unsere höchsten spirituellen und schöpferischen Möglichkeiten schlummern. Mit Kreativer Meditation können wir uns für das Licht und die Vision der Erneuerung öffnen und „lebendige

Gedankenformen“ schaffen, die allem Leben nützlich sind.

Dazu werden wir die Kraft und die Weisheit der Gruppe nutzen und uns im „gemeinsamen Denken“, im Zusammenschauen und im vertieften Miteinander einer Gruppenerfahrung üben, aus der Neues erwachsen kann.

8. September 2024 (16:30 Uhr) bis 14. September 2024 (13 Uhr)

COMMUNITY

a group life experiment

We are a living experiment in group creativity, aimed at improving lives. Being part of the Living Ethics Community means strive to build a group consciousness inspired by ethical principles, a prerequisite for the realization of superior values such as brotherhood and cooperation.

<i>Wesak Celebration</i>	<i>11</i>
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Wesak Celebration | April 22nd-24th 2024

The Light of consciousness opening to the manifestation of the Good

Three days service experience and psychospiritual work.

The full moon of Taurus, or the Wesak Festival, can be considered the most important spiritual event of the year. It is celebrated in many countries around the world and is connected to Lord Buddha and the Christ.

Wesak offers Light and Vision on the Path, both at individual and group levels. It is an occasion to strengthen inner certainty and stability that will then develop into creative work and a willingness to embrace renewal.

Join the Wesak Festival 2024 online or in presence

After the positive experience of meetings offered in streaming that allowed a great number of Community's members to participate to this celebration, we intend to propose this double way to join us:

- meetings in streaming, with psychospiritual work, sharings and meditation sessions, open to all Community's members, in the afternoon of April 22 nd, 23 rd and 24 th.
- all members can live this celebration inside our Community's farmhouses, experiencing service works in the morning, joining together to deepen psychospiritual work as well as to participate to common meetings.

Three days service experience and psychospiritual work

Access level: **online event** open to all Community members activities;
in presence open to all Community members

Calendar 2024: **In presence** - April 22nd (5.00 pm) – 24th (7.30 pm)
Taurus Full Moon April 24th at 1.50 am

On line - April 22nd (5.00 pm) – 24th (7.30 pm)

Taurus Full Moon April 24th at 1.50 am

Where: Hall of Culture

Guided Tours

Guided tours of our Community

Participate to a Guided tour to better know the Community, its centres and the inspirational model permeating its life.

Guided tours are offered and organized by the Welcome Centre. It is necessary to book the visits in advance, writing at welcome@comunitadieticavivente.org

Next Guided tours

Guided tour – February 2024
February 4th

Guided tour – March 2024
3rd March

Guided tour – April 2024
April 7

Guided tour – May 2024
May 5th

Guided tour – June 2024
June 2nd

Guided tour – July 2024
July 7

Guided tour – August 2024
August 4th

Welcome travellers!

Are you a person looking for a residential experience of service at the Community of Living Ethics?

Please contact our Welcome Centre! at welcome@comunitadieticavivente.org

Please note we suggest you speak italian. A national driving licence is required.

Our Community in India

2024 Events and Seminars

GOODWILL for:

One Earth – One Community – One Future – Celebrate the New Year with Crookety children

Agni Yoga Himalayan Center – Crookety

January – Monday 1

The Mother of Agni Yoga:

Anniversary of Helena Roerich

Agni Yoga Himalayan Center – Crookety

February – Monday 12

The Day of Living Ethics

Agni Yoga Himalayan Center – Crookety

March – Sunday 24

World Culture Day, Anniversary of the Roerich Pact

Darjeeling Goodwill Center

April – Sunday 14

Wesak Celebration

Agni Yoga Himalayan Center – Crookety

Darjeeling Goodwill Center

May Sun 21 – Wed 24

Full Moon Tue 23, 5.22 pm India

